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Comprehensive Examination For

Mary Smith

September 16, 2014

Patient Name: Mary Smith

Date of Examination: September 16, 2014

Oral Cancer Screening: *Negative*

Mary,

I spend a lot of time in my practice on prevention. It's not that I do not want to make a good living it's just that I went in to the dental field to try to help patients learn to take care of themselves better. By doing so hopefully then they can limit the investment they need to make with me. When I applied the red disclosing solution it is my attempt to help you visualize where you need to improve your self care. The examination pointed out quite a few areas you need to improve. You will see that we will not give up on you because the hygienists will do this same exam every time you come in order to give you the necessary feedback that you will need to change your habits. In this manner we will be helping to insure your future dental health will be excellent.

You should have an appointment to have your teeth "cleaned". Please utilize the hygienist's expertise to give you any help with your brushing and/or flossing technique. Again, we pride ourselves in our determination to get you to take care of yourself better.

But, unfortunately we have to catch you up before you get to a point of stability. You have some cavities between your teeth that need to be treated. Most of these teeth will be easily restored with fillings. One tooth will require a full crown to restore it back to close to its original condition.

Like I mentioned to you at your examination, we will work with you to try and maximize your insurance benefit, but there will be some out of pocket investment you will have because the insurance company does not cover most procedures 100%. Because we have so many patients to keep track of please stay aware of your insurance usage and if necessary we can have a discussion whether a delay in treatment until your benefit turns over can be worked into your treatment plan.

Thank you very much for allowing me to perform this complete exam. I will always make myself available for any questions you may have about your treatment needs. You should also utilize the hygienist's expertise if you should need guidance or another opinion about treatment that I've recommended.

Rick Wolfert

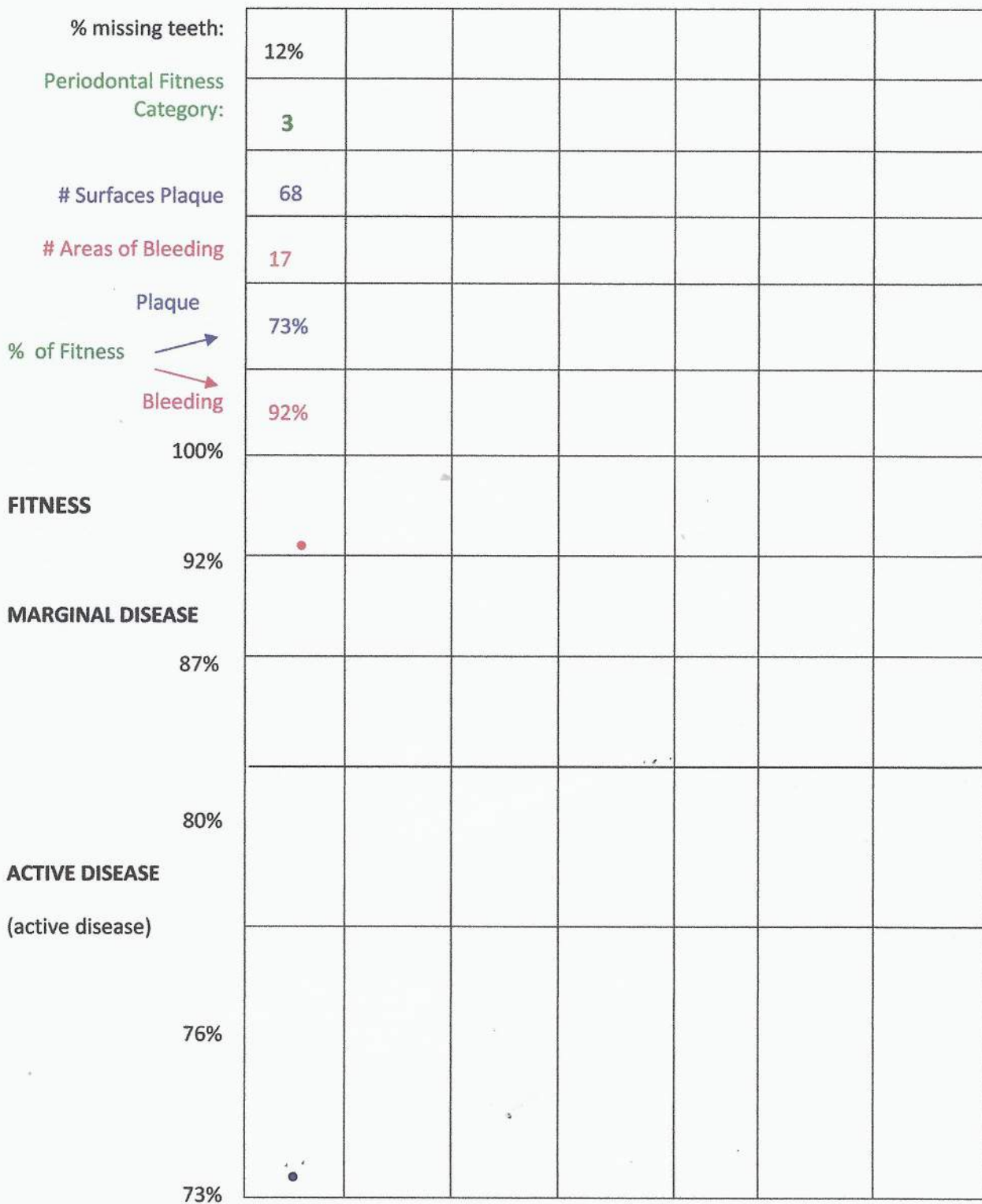
DENTAL FITNESS RECORD

NAME: Mary Smith

OF TEETH: 28

Correlated with Plaque & Bleeding Scores

Date: 9/16/2014



Periodontal Bleeding Index = 92%

Plaque Control Index = 73%

Periodontal Fitness Category = 3

Periodontal Bleeding Index-it is unhealthy that gums bleed in any place at any time. When gums bleed, active destruction is taking place. The Bleeding index is converted into a PERCENTAGE OF FITNESS =

92%-100%-- EXCELLENT FITNESS

87%-91% --MARGINAL FITNESS

86% and lower---ACTIVE GUM DISEASE

Plaque Control Index-Since Bacterial Plaque is the prime culprit in causing the loss of teeth, the better job you do daily to remove it, the less chance for decay and gum disease in your mouth. The number of areas of plaque at the gum line are counted and converted into a percentage. We will show you how to remove plaque in those areas you might be missing.

92%-100%--EXCELLENT FITNESS

87%--91%---MARGINAL FITNESS

86% and lower--ACTIVE POTENTIAL for DECAY & GUM DISEASE

Periodontal Fitness/Disease Categories—although bleeding gums is a cardinal sign of gum disease, bleeding gums alone do not identify the amount, area or severity of gum disease involvement. By measuring the periodontal crevice around each tooth, we get 99.9% accuracy of the involvement of gum disease in your mouth. The depth of the sulcus around each tooth in your mouth shows the level of periodontal disease involvement. The depth of the sulcus around each tooth is converted to a category of fitness or health. Remember, gum Disease is the prime cause of loss of teeth in adults---if you control gum disease, you automatically control decay. All our preventive efforts are aimed at the control of plaque and the prevention of gum disease.

CATEGORIES OF FITNESS OR ACTIVE DISEASE

- **Category 1** = minimal plaque, no calculus, no tissue changes.
- **Category 2** = some plaque, minimal supra-gingival calculus, gingival tissues alright.
- **Category 3** = plaque is evident, some supra-gingival calculus. Changes in gingival color, size and shape. No or very shallow pocket depth.
- **Category 4** = Plaque , calculus and changes in gingival color, size and shape.
- **Category 5** = Plaque, moderate sub-gingival calculus. Gingival changes. Slight to moderate pocketing 3-5 mm
- **Category 6** = Plaque, sub-gingival calculus. Moderate pocketing. No more than 6 mm and no vertical bone defects.

Mary Smith
September 16, 2014

